

Jeannie Serpa Biography

Jeannie Serpa is a writer/artist currently living in Narragansett, R.I. She is the mother of nine and grandmother of eighteen. Before raising her family she had been a school teacher, but as her children grew older and started leaving the nest, she opted for business and opened The Mistletoe Christmas Shop and the Hamilton Studio in Wickford, R.I..

Designing and teaching adults were integral parts of both these enterprises and soon led to conducting national teacher training seminars in decorative painting for The Priscilla Hauser Company based in Tulsa, Oklahoma. Jeannie later became a Master Stenciler and then seminar director for the Adele Bishop Company in Vermont.

Another door opened and she teamed up with Plaid Enterprises in Atlanta in order to market her own original stencil designs. During this period she authored three books on stenciling, made instructional videos, did TV talk shows.

The next step brought her to New Hampshire where she accepted a position as Creative Design Director for the Stencil Ease Company. While living in N.H., Jeannie wrote three more how- to books, for a total of six all in the decorative arts field, and developed a paint glaze that was marketed by the Illinois Bronze Company in Chicago. Soon she was on the road again, teaching and lecturing in the growing art of Faux Finishes.

Appearances on the PBS show This Old House with Bob Villa pointed the way to launching her own wholesale/mail order company, Jeannie Serpa Stencils.

Her latest book, *Eating Your Way To LOW Cholesterol*, was launched in December, 2009. It is primarily a cookbook with six chapters telling her own story about overcoming her extremely high cholesterol without the aid of drugs and is followed by tips and guidelines designed to help others lower their cholesterol. The book contains 225 recipes with 80% of them have the fringe benefit of being gluten free.

Serpa is currently working on a cookbook for children and a suspense thriller with a character who just happens to be a cookbook author! She writes a monthly newspaper column titled *Effortless Entertaining* for the South County Independent and the Northeast Independent as well as monthly food related articles for South County Living Magazine.

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